

INGREDIENTS ---OCTOBER, NOVEMBER & DECEMBER 2024

Pork & gravy-pork, Modified Food Starch, Wheat Flour, Maltodextrin, Salt, Palm Oil, Pork Stock, Chicken Fat, Sugar, Contains 2% or less of: Cooked Chicken, Yeast Extract, Beef Stock, Chicken Broth, Sodium Caseinate, Onion Powder, Dextrose, Disodium Inosinate, Disodium Guanylate, Dipotassium Phosphate, Caramel Color, Garlic Powder, Tapioca Starch, Mono and Diglycerides, Beta Carotene, Extractive of Paprika, Natural Flavors, Silicon Dioxide (anti-caking agent), Sodium Hexametaphosphate

Mashed potatoes-POTATOES, VEGETABLE OILS (CANOLA OIL, PALM OIL, AND/OR SUNFLOWER OIL), CONTAINS 2% OR LESS OF: SALT, MONO AND DIGLYCERIDES, COLORS (TITANIUM DIOXIDE, RIBOFLAVIN),ASCORBIC ACID (VITAMIN C), NATURAL ANDARTIFICIAL FLAVOR (MILK), BUTTEROIL, FRESHNESS PRESERVED WITH (SODIUM BISULFITE, SODIUM ACID PYROPHOSPHATE, BHT, CITRIC ACID)

Baby carrots

Pineapple, orange fluff-Pineapple, unsweetened pineapple juice. Whole mandarin orange segments, water,WATER, HYDROGENATED VEGETABLE OIL (PALM, PALM KERNEL, COCONUT AND/OR COTTONSEED), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF: SUGAR, SODIUM CASEINATE (FROM MILK), POLYSORBATE 60, NATURAL AND ARTIFICIAL FLAVOR, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). Sugar, dextrose, modified food starch, less than 2% of tricalcium phosphate, disodium phosphate, tetrasodium pyrophosphate, salt, natural and artificial flavor, mono and diglycerides, nonfat milk, xanthan gum, yellow 5, yellow 6. Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate.

Bread-WATER, WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], SUGAR, YEAST, POLYDEXTROSE (DIETARY FIBER), WHEAT GLUTEN, SOYBEAN OIL, SALT, MOLASSES, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), CALCIUM SULFATE, WHEAT STARCH, PROTEIN (ENZYMES), ASCORBIC ACID, SESAME

Taco Pie-hamburger, Chili Pepper, Spices, Dehydrated Onion, Dehydrated Garlic, Corn Flour, Sugar, Paprika, Tomato Powder, Autolyzed Yeast Extract, Corn Starch, Red Pepper, Paprika Extractives (Color), Natural Flavor,lettuce, tomato, Cultured milk, cream, whey, less than 2% of food starch - modified (corn), sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate (preservative).

Refried beans-

Tropical Fruit-Water, Pineapple, Red Papaya, Yellow Papaya, Guava, Pineapple Juice, Citric Acid.

Rice Krispie Treat-WHOLE GRAIN BROWN RICE, CORN SYRUP, FRUCTOSE, VEGETABLE OIL (soybean and palm oil with TBHQ for freshness), SUGAR, CORN SYRUP SOLIDS. CONTAINS 2% OR LESS OF vegetable glycerin, dextrose, salt, gelatin, natural and artificial flavors (contains milk), DATEM, acetylated monoglycerides, reduced iron, vitamin B1 (thiamin hydrochloride), niacinamide, vitamin B6 (pyridoxine hydrochloride), folic acid, calcium pantothenate, soy lecithin, BHT for freshness.

Shredded chicken-chicken, CHICKEN STOCK, WATER, VEGETABLE OIL, MODIFIED FOOD STARCH, WHEAT FLOUR, CREAM (MILK), CONTAINS LESS THAN 2% OF: SALT, CHICKEN*, SOY PROTEIN CONCENTRATE, CHICKEN FAT, YEAST EXTRACT, BETA CAROTENE (FOR COLOR), CHICKEN BROTH*, FLAVORING, CANE SUGAR, ONIONS*, CORNSTARCH, CELERY EXTRACT, ONION EXTRACT, XANTHAN GUM. Breadcrumbs [Enriched Wheat Flour (Enriched With Reduced Iron, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), High Fructose Corn Syrup, Palm Oil, Salt, Contains 2% or Less of Each of the Following: Yeast, Calcium Propionate (Preservative), Caramel Color, Soy Lecithin], Seasoning [Dehydrated Vegetables (Onion, Celery, Garlic), Maltodextrin, Salt, Sugar, Parsley, Natural & Artificial Flavor, Color (Caramel Color, Turmeric Extract, Turmeric), Celery Seed, Disodium Inosinate & Guanylate, Spice, Hydrolyzed Corn & Soy Protein, Yeast Extract, Citric Acid, Spice Extractives, Contains 2% Or Less Silicon Dioxide (Anticaking)]

Cabbage soup- cabbage, carrots, potatoes, onions, Chicken Broth, and contains less than 2% of: Salt, Sea Salt, Chicken Fat, Sugar, Yeast Extract, Maltodextrin, Flavorings, Canola Oil, Dextrose, Disodium Inosinate, Disodium Guanylate, Onion

Pea salad-peas, onions, PowderCHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE), Oleoresin Turmeric, SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR.

Pineapple- Pineapple, unsweetened pineapple juice

Bun- ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, SOYBEAN OIL, SALT, WHEAT GLUTEN, CULTURED WHEAT FLOUR, SODIUM STEAROYL LACTYLATE, VINEGAR, CORN MALTODEXTRIN, NATURAL FLAVORS, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID, SESAME.

Baked steak-cubed steak, mushrooms & onions

Baked fish-Fish

Macaroni & cheese- COOKED ENRICHED MACARONI PRODUCT (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, CHEDDAR CLUB CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYME], WATER, SALT, ANNATTO [COLOR]), HALF & HALF (MILK, CREAM), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO [COLOR]), MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), NONFAT DRY MILK, RICE FLOUR, FOOD STARCH-MODIFIED, SALT, CHEDDAR CHEESE POWDER (CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], NATURAL FLAVORS, DISODIUM PHOSPHATE, SALT, LACTIC ACID), LACTIC ACID (FOOD STARCH-MODIFIED, LACTIC ACID), SPICE, MONO- & DIGLYCERIDE

Stewed tomatoes- Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, natural flavors

Jell-o- Gelatin, Raspberry, Sugar Free

Cheese ravioli- For ingredient or allergen information, please contact: Ajinomoto Foods North America, phone: (800) 548-6363/web page: <http://www.windsorfoods.com/> Manufacturer number: 74690.

Autumn blend- Zucchini, Yellow Squash, Carrots, Green Beans.

Tossed salad-lettuce, tomato

Berry crumble- For ingredient or allergen information please contact: Original Cakerie, phone: (604)515-4555. Manufacturer number: 01202/STB.

Breadstick- Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Contains 2% or less of the following: Soybean Oil, Yeast, Sugar, Salt, Italian Garlic Herb Blend (Dehydrated Garlic & Onion, Spices, Maltodextrin, Red Bell Pepper), Vinegar, Calcium Propionate (Preservative), Artificial Flavors, Wheat Starch, Enzymes, Ascorbic Acid.

Hamloaf-

Augratin potatoes- POTATOES, MODIFIED FOOD STARCH, WHEY, MALTODEXTRIN, ONION, POTASSIUM CHLORIDE, SUGAR, SUNFLOWER OIL, CONTAINS 2% OR LESS OF: NATURAL FLAVOR, SALT, COLORS (ANNATTO EXTRACT, TURMERIC EXTRACT),MONO AND DIGLYCERIDES, AUTOLYZED YEAST EXTRACT, CHEDDAR CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), CORN SYRUP SOLIDS, GREEN ONION, NONFAT MILK, SOYBEAN OIL, SPICES, TORULA YEAST, FRESHNESSPRESERVED WITH (SODIUM BISULFITE)

Brussel sprouts-Brussel sprouts

Pears- PEARS, WATER, PEAR JUICE CONCENTRATE.

Dinner roll- ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SUGAR, PALM AND SOYBEAN OILS, POTATO FLOUR, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEXTROSE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, ENZYMES, ASCORBIC ACID.

Salisbury steak- WATER, COOKED BEEF, ONION, BREAD CRUMBS (ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YEAST, SOYBEAN OIL, SALT, CORN SYRUP), FOOD STARCH-MODIFIED, GREEN BELL PEPPER, SALT, CANOLA OIL, WORCESTERSHIRE SAUCE (VINEGAR, MOLASSES, WATER, TAMARIND, NATURAL FLAVOR, SUGAR, SALT, ONION, GARLIC), NONFAT DRY MILK, BEEF BASE (BEEF, FLAVORS, SALT), CARAMEL COLOR, ONION POWDER, MONO- & DIGLYCERIDES, SPICES, GARLIC POWDER.

Carrot coins-carrots

Fruit cup- DICED PEACHES, WATER, DICED PEARS, PINEAPPLE SECTORS, PEAR JUICE CONCENTRATE, ASCORBIC ACID (VITAMIN C) TO PROTECT COLOR, CITRIC ACID.

Rosemary lime chicken breast-Chicken, rosemary, lime

Feather river potatoes-potatoes, cloves, parsley, olive oil, chickpeas, green beans, mustard, white wine vinegar, honey, pepper

Buttered beets-beets, butter

Banana-Banana

Brownie- Sugar, Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm And Soybean Oil, Cocoa (Processed With Alkali), Egg Whites, Less Than 2% Of: Artificial Flavor (Contains Caramel Color), Baking Soda, Mono & Diglycerides, Salt, Soy Lecithin

Chicken nuggets- WATER, CANOLA OIL, RICE FLOUR, BAMBOO FIBER, PEA PROTEIN ISOLATE, FOOD STARCH-MODIFIED, PEA PROTEIN, YELLOW PEA FLOUR, CONTAINS 2% OR LESS OF: CORN FLOUR, CORNSTARCH, RICE STARCH, SALT, SUGAR, AMARANTH FLOUR, QUINOA FLOUR, DEXTROSE, HYDROLYZED PEA PROTEIN, SUNFLOWER OIL, GARLIC, CARAMEL COLOR, ONION, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), CELLULOSE GUM, PAPRIKA, YEAST EXTRACT, MALTODEXTRIN, NATURAL FLAVORS, CITRIC ACID, YEAST, SODIUM PHOSPHATES.

Baked beans- White Beans, Water, Sugar, Brown Sugar, Modified Food Starch, Salt, Bacon (Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate), Mustard Flour, Caramel Color, Liquid Smoke, Calcium Chloride, Natural Flavor

Coleslaw- Green cabbage, red cabbage, and carrots.

Cherry Crisp- CHERRIES, WATER, OATS,HIGH FRUCTOSE CORN SYRUP, BUTTER, CINNAMON,FOOD STARCH-MODIFIED (CORN), SUGAR, POTASSIUM SORBATE (PRESERVATIVE), CITRIC ACID, ASCORBIC ACID TO MAINTAIN COLOR, CARRAGEENAN AND RED 40 COLOR.

Shepards pie- WATER, ROASTED SEASONED PRIME RIB BEEF STEAK DICES AND MODIFIED FOOD STARCH (BEEF, BEEF BROTH, LESS THAN 2% OF MODIFIED CORN STARCH, SALT, SEASONING [TURBINADO SUGAR, SODIUM CARBONATE, SEA SALT, FLAVOR], DEXTROSE, CORN SYRUP SOLIDS, CARAMEL COLOR, SPICE EXTRACTIVES), POTATOES, CARROTS, PEAS, FOOD STARCH-MODIFIED, BEEF BROTH FLAVOR (BEEF BROTH FLAVOR, SALT, HYDROLYZED SOY PROTEIN, CARAMELIZED SUGAR, CORN STARCH), BEEF FAT, TOMATO PASTE, SALT, BAKERS YEAST EXTRACT (YEAST EXTRACT, SALT), WORCESTERSHIRE SAUCE (VINEGAR, MOLASSES, WATER, TAMARIND, NATURAL FLAVOR, SUGAR, SALT, ONION, GARLIC), ONION POWDER, GARLIC POWDER, SUGAR, SPICES. POTATOES, VEGETABLE OILS (CANOLA OIL, PALM OIL, AND/OR SUNFLOWER OIL), CONTAINS 2% OR LESS OF: SALT, MONO AND DIGLYCERIDES, COLORS (TITANIUM DIOXIDE, RIBOFLAVIN),ASCORBIC ACID (VITAMIN C), NATURAL ANDARTIFICIAL FLAVOR (MILK), BUTTEROIL, FRESHNESS PRESERVED WITH (SODIUM BISULFITE, SODIUM ACID PYROPHOSPHATE, BHT, CITRIC ACID)

Spinach, egg, onion & Cheese salad-Spinach, egg, onion PowderCHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE), Oleoresin Turmeric, SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR.

Juice-juice 100%

Yogurt- STRAWBERRY: CULTURED GRADE A NON FAT MILK, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF: NATURAL AND ARTIFICIAL FLAVORS, VEGETABLE JUICE (FOR COLOR), KOSHER GELATIN, SUCRALOSE, ACESULFAME POTASSIUM, SODIUM CITRATE, MALIC ACID, VITAMIN A PALMITATE, VITAMIN D3. RASPBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF RASPBERRY PUREE, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, KOSHER GELATIN, SUCRALOSE, ACESULFAME POTASSIUM, MALIC ACID, VITAMIN A PALMITATE, VITAMIN D3, SODIUM CITRATE. BLUEBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, BLUEBERRIES, CONTAINS LESS THAN 1% NATURAL AND ARTIFICIAL FLAVORS, KOSHER GELATIN, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), SUCRALOSE, ACESULFAME POTASSIUM, SODIUM CITRATE, MALIC ACID, VITAMIN A PALMITATE, VITAMIN D3.

Shredded beef-Beef

Hashbrown casserole-potatoes PowderCHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE), Oleoresin Turmeric, SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. Cultured milk, cream, whey, less than 2% of food starch - modified (corn), sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate (preservative).

California blend vegetables- Broccoli Florets, Cauliflower Clusters and Sliced Crinkle Cut Carrots.

Fruit parfait- fresh fruit

Turkey & cheese wrap-lettuce, onions, tomatoes, turkey, Pasteurized Whole Milk, Cultures, Salt, Enzymes., NRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL AND/OR OLIVE OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SEASONING (SALT, DEHYDRATED GARLIC AND ONION, PAPRIKA, TOMATO POWDER, SPICE, NATURAL FLAVORS, EXTRACTIVES OF PAPRIKA, AND SILICON DIOXIDE TO PREVENT CAKING), SALT, ALUMINUM-FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), WHEAT PROTEIN, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), DOUGH CONDITIONER (FUMERIC ACID, XANTHAN GUM, MONO-AND DIGLYCERIDES, SODIUM METABISULPHITE).

Potato soup- WATER, POTATOES, MILK (MILK, VITAMIN D3 ADDED), ONIONS, WHIPPING CREAM, CONTAINS LESS THAN 2% OF RENDERED BACON FAT (TBHQ AND CITRIC ACID ADDED AS STABILIZERS), FULLY COOKED BACON BITS WITH SMOKE FLAVOR ADDED (BACON BITS [CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE], SMOKE FLAVOR. MAY CONTAIN DEXTROSE, POTASSIUM CHLORIDE), ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATO GRANULES (DRIED POTATO, MONOGLYCERIDE), CHICKEN BASE (COOKED CHICKEN, SALT, CHICKEN FAT, SUGAR, MALTODEXTRIN (FROM CORN), HYDROLYZED WHEAT GLUTEN, NATURAL FLAVORING, POTATO STARCH, YEAST EXTRACT), MODIFIED CORN STARCH, HAM BASE (COOKED HAM [CURED WITH WATER, SALT, DEXTROSE, MODIFIED POTATO STARCH, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE], SALT, POTATO FLOUR, HYDROLYZED WHEAT GLUTEN PROTEIN, BROWN SUGAR, SMOKE FLAVORING AND FLAVORINGS), CULTURED NONFAT DRY MILK POWDER, SPICES, GRANULATED GARLIC.

Jell-o w/oranges- Gelatin, Whole mandarin orange segments, water, sugar.Raspberry, Sugar Free

Crackers- ENRICHED FLOUR (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), SOYBEAN OIL (with TBHQ for freshness), CORN SYRUP. CONTAINS 2% OR LESS OF salt, baking soda, yeast, soy lecithin.

BBQ Pork- PORK, SAUCE (WATER, KETCHUP[TOMATO CONCENTRATE, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING], BROWN SUGAR, TOMATO PASTE, WORCESTERSHIRE SAUCE CONCENTRATE [DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, GARLIC POWDER, SUGAR, SPICES, TAMARIND, NATURAL FLAVOR], MUSTARD [DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICE, GARLIC POWDER], SALT, NATURAL HICKORY SMOKE FLAVOR, DISTILLED VINEGAR, SPICES, CATSUPSEASONING [SALT, MALTODEXTRIN, SPICE EXTRACTIVES], GARLIC POWDER, ONION POWDER, CARAMEL COLOR)

French fries-Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Color

Spinach- Spinach, water, salt.

Watergate salad- Pineapple, unsweetened pineapple juice. Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate

Chicken, broccoli casserole-Chicken, broccoli, PowderCHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE), Oleoresin Turmeric, SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. WATER, VEGETABLE OIL (CORN, CANOLA, AND/OR SOYBEAN), MUSHROOMS, MODIFIED FOOD STARCH, WHEAT FLOUR, CONTAINS LESS THAN 2% OF: SALT, CREAM (MILK), SOY PROTEIN CONCENTRATE, YEAST EXTRACT, WHEY*, GARLIC*, FLAVORING. *DRIED

Peas & Carrots- Peas, carrots.

Peaches-Peaches, water, sugar.

Swiss steak-Beef- Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, natural flavors.

Red Potatoes-Red potatoes

Mixed vegetables- Carrots, peas, corn, green beans, lima beans.

Grapes-Grapes

Soup beans & Ham- Navy Beans, Ham, pepper

Macaroni salad- COOKED ENRICHED MACARONI PRODUCT (WATER SEMOLINA [WHEAT] NIACIN FERROUS SULFATE THIAMIN MONONITRATE RIBOFLAVIN FOLIC ACID) SOYBEAN OIL WATER SUGAR CARROTS CELERY CONTAINS LESS THAN 2% OF RED BELL PEPPERS EGGS ONIONS SALT WHITE DISTILLED VINEGAR MUSTARD (DISTILLED VINEGAR MUSTARD SEED SALT TURMERIC SPICES) EGG YOLKS (EGG YOLKS SALT) POTASSIUM SORBATE (TO RETARD SPOILAGE) LEMON JUICE CONCENTRATE PAPRIKA (COLOR).

Apple crisp- APPLE SLICES,OATS, CINNAMON, BUTTER, WATER, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH-MODIFIED (CORN), APPLE JUICE CONCENTRATE, NATURAL FRUIT FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), CITRIC ACID, SPICES, ASCORBIC ACID TO PROTECT COLOR.

Corn muffin- Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Palm And Soybean Oil, Degermed Yellow Cornmeal, Degermed Yellow Corn Grits, Less Than 2% Of: Annatto (Color), Baking Soda, Dextrose, Eggs, Mono & Diglycerides, Nonfat Milk, Salt, Sodium Aluminum Phosphate, Wheat Gluten, Wheat Protein Isolate, Wheat Starch, Whey.

Pork & Gravy-Pork, Water, Roasted Pork and Natural Juices, Food Starch - Modified, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Contains less than 2% of Caramel Color, Dextrose, Disodium Guanylate, Disodium Inosinate, Flavoring, Garlic Powder, Hydrolyzed Corn, Soy, and Wheat Protein, Lactic Acid, Maltodextrin, Nonfat Dry Milk, Oleoresin Paprika, Onion Powder, Salt, Spices, Sugar, Thiamine Hydrochloride, Yeast Extract.

Sauerkraut- Cabbage, Water, Salt, Sodium Benzoate and Sodium Metabisulfite as Preservatives

Apricots- Apricots, Water, Pear Juice Concentrate.

Beef stroganoff- ROASTED SEASONED PRIME RIB BEEF STEAK DICES AND MODIFIED FOOD STARCH (BEEF, BEEF BROTH, LESS THAN 2% OF MODIFIED CORN STARCH, SALT, SEASONING [TURBINADO SUGAR, SODIUM CARBONATE, SEA SALT, FLAVOR], DEXTROSE, CORN SYRUP SOLIDS, CARAMEL COLOR, SPICE EXTRACTIVES), WATER, SOUR CREAM (CULTURED CREAM, NONFAT MILK, MICROBIAL ENZYMES), TOMATO PUREE (WATER, TOMATO PASTE), MUSHROOMS (MUSHROOMS, WATER, SALT), ONION, FOOD STARCH-MODIFIED, BEEF BASE (BEEF STOCK, SALT, FLAVOR, YEAST EXTRACT, BEEF FAT, CARAMEL COLOR, ONION POWDER, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT], MODIFIED CORN STARCH, GARLIC POWDER, CORN SYRUP SOLIDS), RED WINE, BUTTER, WHEAT FLOUR, BEEF FLAVOR (AUTOLYZED YEAST EXTRACT, MONO- & DIGLYCERIDES, POLYSORBATE 60, DISODIUM INOSINATE & DISODIUM GUANYLATE, XANTHAN GUM), CARAMEL COLOR, GARLIC POWDER, ONION POWDER, BLACK PEPPER

Lima beans- Lima beans.

Applesauce- Apples, water. Ascorbic acid added to maintain color.

Pimento cheese- CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, GUAR GUM, CAROB BEAN GUM, XANTHAN GUM), CHEDDAR CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), PIMENTOS (PEPPERS, WATER, CITRIC ACID, SALT, CALCIUM CHLORIDE), SALAD DRESSING (SOYBEAN OIL, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, EGG YOLKS, FOOD STARCH-MODIFIED, SALT, SPICE, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR), WHEY, SEA SALT, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ANNATTO COLOR, PAPRIKA, GUAR GUM, ONION POWDER, GARLIC POWDER, CAYENNE PEPPER, POTATO STARCH, POWDERED CELLULOSE, NATAMYCIN.

Tomato soup- WATER, TOMATO PUREE (WATER, TOMATO PASTE), WHEAT FLOUR, SUGAR, CREAM (MILK), CONTAINS LESS THAN 2% OF: BLEACHED ENRICHED FLOUR (WHEAT FLOUR, WHEAT STARCH, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, CITRIC ACID, ASCORBIC ACID (VITAMIN C), FLAVORING, CELERY EXTRACT, GARLIC OIL.

Hot dog- Beef, water, salt, less than 2% of the following: flavoring, potassium lactate, sugar, sodium diacetate, paprika, sodium phosphate, sodium erythorbate, sodium nitrite, oleoresin of paprika.

Potato salad- POTATOES, SOYBEAN OIL, WATER, SUGAR, RED BELL PEPPERS, CELERY, SWEET RELISH (CUCUMBERS, FRUCTOSE, VINEGAR, WATER, SALT, XANTHAN GUM, RED PEPPERS, NATURAL FLAVORS, SPICES, ALUM [FIRMING AGENT], TURMERIC [COLOR]), CONTAINS LESS THAN 2% OF WHITE DISTILLED VINEGAR, MUSTARD (DISTILLED VINEGAR, MUSTARD SEED, SALT, TURMERIC, SPICES), ONIONS, EGGS, SALTED EGG YOLKS, SALT, POTASSIUM SORBATE (TO RETARD SPOILAGE), GRANULATED ONION, LEMON JUICE CONCENTRATE, XANTHAN GUM, SPICES, PAPRIKA (COLOR).

Pumpkin bar- PUMPKIN, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN,FOLIC ACID), SKIM MILK, SUGAR, EGGS, VEGETABLE OIL (PALM, SOYBEAN), CONTAINS 2% OR LESS: MILK, MODIFIED FOODSTARCH, SALT, NONFAT DRY MILK, SPICES, CARRAGEENAN, BEET JUICE, SODIUM TRIPOLYPHOSPHATE, DEXTRIN, CAROBBEAN GUM, GUAR GUM, XANTHAN GUM