Week 2-Winter Cycle Menu 2020

MONDAY

Ingredients:Boneless, skinless chicken breast with rib meat, chicken broth, salt, modified food starch, sodium phosphates, soy protein concentrate, flavoring. BATTERED WITH: Water, bleached wheat flour, modified food starch, salt, spice, garlic powder, xanthan gum, extractives of paprika and annatto. BREADED WITH: Bleached wheat flour, salt, garlic powder, extractives of paprika, natural flavor. PREDUSTED WITH: Bleached wheat flour, salt, garlic powder, soybean oil, natural flavor, extractives of paprika. Breading set in vegetable oil.

Ingredients: POTATO (DRY), SEASONING [MODIFIED FOOD STARCH, WHEY, LACTOSE, DRIED ONION, CORN SYRUP SOLIDS, SUNFLOWER OIL, SALT, POTASSIUM CHLORIDE, DRIED GARLIC, MALTODEXTRIN, CREAM CHEESE (PASTEURIZED CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM), NATURAL FLAVORS, DIPOTASSIUM PHOSPHATE, DRIED GREEN ONION, MONO AND DIGLYCERIDES, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), YEAST EXTRACT, NONFAT MILK, SPICES, ANNATTO EXTRACT (COLOR), AND SOYBEAN OIL]. FRESHNESS PRESERVED WITH SODIUM BISULFITE. CONTAINS: MILK, SCALLOPED POTATOES

Ingredients: PEAS

Ingredients: MANDARIN ORANGE SEGMENTS, WATER, MANDARIN ORANGE JUICE, CITRIC ACID

Ingredients: BREAD Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Yeast, High Fructose Corn Syrup, Contains 2% or less of the following: Wheat Bran, Molasses, Soybean Oil, Wheat Gluten, Salt, Honey, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, DATEM, Calcium Peroxide, Ascorbic Acid, Enzymes), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate and Potassium Sorbate (Preservatives), Caramel Color. CONTAINS WHEAT

INGREDIES: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, PEANUT BUTTER (DRY ROASTED PEANUTS, DEXTROSE, PALM OIL, SALT), PEANUT BUTTER FLAVORED CHIPS (PARTIALLY DEFATTED PEANUTS, SUGAR, PARTIALLY HYDROGENATED VEGETABLE OILS, [PALM KERNEL OIL, SOYBEAN OIL], REDUCED MINERALS WHEY, DEXTROSE, SALT, SOY LECITHIN, ARTIFICIAL FLAVOR), BUTTER MARGARINE BLEND (BUTTER, PALM OIL, SOYBEAN OIL, WATER, MONO- & DIGLYCERIDES, ANNATTO EXTRACT COLOR, NATURAL FLAVOR, VITAMIN A PALMITATE), PEANUTS, WATER, EGGS, MOLASSES. CONTAINS 2% OR LESS OF SALT, LEAVENING (SODIUM BICARBONATE), NATURAL AND ARTIFICIAL FLAVOR. CONTAINS: MILK, EGG, PEANUTS, WHEAT AND SOYBEAN PRODUCTS PEANUT BUTTER COOKIE

Ingredients: Pasteurized Cream, Salt. BUTTER

TUESDAY

Ingredients: TOMATO PUREE (WATER, TOMATO PASTE), COOKED ENRICHED PASTA (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LOWFAT RICOTTA CHEESE (WHEY [MILK], CREAM, VINEGAR, CARRAGEENAN), BEEF, PORK, MOZZARELLA CHEESE (PART-SKIM MILK, CULTURES, SALT, ENZYMES), DICED TOMATOES IN TOMATO JUICE, CONTAINS LESS THAN 2% OF: ASIAGO CHEESE (CULTURED PART-SKIM MILK, SALT, ENZYMES), SUGAR, CARROTS, CELERY, PARMESAN CHEESE (PART-SKIM MILK, CULTURES, SALT, ENZYMES), SALT, MODIFIED FOOD STARCH, BREADCRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, SALT, YEAST), SOY PROTEIN CONCENTRATE (CARAMEL COLOR ADDED), DEHYDRATED ONIONS, SPICES, DEHYDRATED GARLIC, FLAVORING, DEXTROSE, ANISE OIL, PAPRIKA EXTRACT FOR COLOR. CONTAINS: WHEAT, MILK, SOY. LASAGNE LETTUCE, TOMATOES, CABBAGE

ingredients:Corn, Carrots, Peas, Green Beans, Lima Beans MIXED VEGETABLES

Ingredients: Peaches, water, pear juice concentrate, peach pulp and juice, ascorbic acid (vitamin C) to protect color, CINNAMON

Ingredients:Bread: enriched flour(bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, contains 2% or less of: palm oil, salt, sugar, yeast, soy flour, wheat gluten, malted barley flour, dextrose, enzymes, ascorbic acid, corn meal. Contains: wheat, soy, Spread: natural oil blend(soybean, palm fruit, extra virgin olive oil, and/or canola oil), water, garlic, contains 2% or less of: onion powder salt, sweet cream buttermilk, natural and artificial flavor, mono and diglycerides, spice, potassium sorbate and sodium benzoate to protect qualtiy, soy lecithin, citric acid, lactic acid, vitamin A palmitate, beta carotene for color. Contains; milk, soy, wheat

BREADSTICK

WEDNESDAY

Ingredients:BEEF, TOMATO STRIPS IN PUREE (with salt and citric acid), WATER, COOKED RED KIDNEY BEANS, TOMATO PASTE, GREEN BELL PEPPERS, CONTAINS LESS THAN 2% OF TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), DEHYDRATED ONION, CHILI POWDER (chili pepper, spices, salt, garlic powder), SALT, SUGAR, PAPRIKA EXTRACT, CARAMEL COLOR, SPICES CHILI

Ingredients: POTATOES, OLIVE OIL, CONTAINS LESS THAN 2% OF GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SALT, SPICE, SUGAR, VINEGAR POWDER [MALTODEXTRIN, VINEGAR]). BABY BAKERS

Ingredients:Broccoli Ingredients:WATER, VEGETABLE OIL (CONTAINS ONE OR MORE OF: CANOLA OIL, SOYBEAN OIL, SUNFLOWER OIL), MODIFIED CORN STARCH, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO), WHEY, CONTAINS LESS THAN 2% OF CORNSTARCH, SALT, SODIUM HEXAMETAPHOSPHATE, RICE FLOUR, MONO & DIGLYCERIDES, YEAST EXTRACT, SODIUM PHOSPHATE, MILK FAT, CELLULOSE GUM, YEAST EXTRACT, LACTIC ACID, NATURAL FLAVORS (INCLUDES MILK), ANNATTO EXTRACT (COLOR), YELLOW 6. CONTAINS: MILK. BROCCOLI WICHEESE Ingredients:Pears, water, pear juice concentrate

Ingredients:INGREDIENTS: Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Sugar, Degermed Yellow Cornmeal, Palm And Soybean Oil, Cornstarch, Food Starch-Modified, Dextrose, Less Than 2% Of: Baking Soda, Monocalcium Phosphate, Salt, Sodium Aluminum Phosphate, Wheat Protein Isolate, Yellow 5, Yellow 5 Lake, Yellow 6, Yellow 6 Lake. CONTAINS: Wheat. May Contain Milk, Eggs, Soy. CORN MUFFIN Ingredients:Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil (with TBHQ for freshness), corn syrup.Contains 2% or less of salt, baking soda, yeast, soy lecithin. CRACKERS

Ingredients:Cultured milk, Cream, Contains less than 2% of: Whey, Food Starch-Modified (Corn), Sodium Phosphate (Sodium Tripolyphosphate), Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Potassium Sorbate (preservative). CONTAINS: MILK. SOUR CREAM

THURSDAY

Ingredients: Cured with: Water, Dextrose, Salt, Contains 2% or less of potassium lactate, sodium diacetate, sodium phosphates, sodium erythorbate, sodium nitrite HAM Ingredients: SEMOLINA (WHEAT), DURUM FLOUR (WHEAT), EGG YOLK, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. Ingredients: INGREDIENTS: POTATO (DRY), MALTODEXTRIN, CONTAINS 2% OR LESS OF: SUNFLOWER OIL, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR AND ARTIFICIAL COLOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT. MADE ON EQUIPMENT THAT ALSO PROCESSES MILK... WHIPPED POTATOES

Ingredients: Zucchini, carrots, cauliflower, Green beans and baby lima beans ITALIAN BLEND

Ingredients:100% Grape juice

Ingredients: BREAD Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Yeast, High Fructose Corn Syrup, Contains 2% or less of the following: Wheat Bran, Molasses, Soybean Oil, Wheat Gluten, Salt, Honey, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, DATEM, Calcium Peroxide, Ascorbic Acid, Enzymes), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate and Potassium Sorbate (Preservatives), Caramel Color. CONTAINS WHEAT

Ingredients: Pasteurized Cream, Salt. BUTTER

FRIDAY

Ingredients: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), FOOD STARCH-MODIFIED, SALT, PALM OIL, COLOR ADDED, HYDROLYZED VEGETABLE PROTEIN (CORN, SOY, AND/OR WHEAT), SUGAR, MALTODEXTRIN, ONION, CORN SYRUP SOLIDS, Contains less than 2%: NATURAL FLAVORS, GARLIC, SODIUM CASEINATE, AUTOLYZED YEAST EXTRACT, MONO & DIGLYCERIDES, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTIC ACID, SUCCINIC ACID, SOY SAUCE (SOYBEANS, WHEAT, SALT), GUM ACACIA, GUM ARABIC, WHEY PROTEIN CONCENTRATE, GLUTAMIC ACID, CALCIUM LACTATE CONTAINS ALLERGENS: WHEAT, MILK, SOY Hamburger gravy

Ingredients: INGREDIENTS: POTATO (DRY), MALTODEXTRIN, CONTAINS 2% OR LESS OF: SUNFLOWER OIL, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR AND ARTIFICIAL COLOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT. MADE ON EQUIPMENT THAT ALSO PROCESSES MILK. MASHED POTATOES

Ingredients:CARROTS

Ingredients: Peaches, water, pear juice concentrate, peach pulp and juice, ascorbic acid (vitamin C) to protect color

NGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BUTTERMILK, PALM OIL, CONTAINS LESS THAN 2%: BAKING SODA, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SOYBEAN OIL, WHEY, SODIUM ACID PYROPHOSPHATE, FOOD STARCH-MODIFIED, MALTODEXTRIN, DEXTROSE, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS ALLERGENS: WHEAT, MILK