**Coronavirus Disease 2019** 

Ohio

Department of Health

#### **COVID-19 Checklist for Supporting Local Businesses**

### **Responding to COVID-19**

Ohio Governor Mike DeWine and Lt. Governor Jon Husted have launched a new "Ohio. Find It Here." campaign to help residents support businesses during the COVID-19 pandemic.

Visit <u>Support Local Ohio</u> to find:



Links to local restaurants and retailers you can support by ordering delivery or carryout, making online purchases, or buying gift cards.



Examples of innovation and heroism happening across Ohio.



Virtual reality tours for thrill-seekers, nature lovers, art and culture enthusiasts, and families.



A place to have your business featured.

Links to "Ohio. Find It Here." social media channels, where you can share photos and vlogs. Use #InThisTogetherOhio and #SupportLocalOhio.

For additional information, visit <u>coronavirus.ohio.gov</u>.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

# CORONAVIRUS DISEASE 2019 Ohio

Department of Health

### Protect yourself and others from COVID-19 by taking these precautions.

## PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.





STAY HOME

PRACTICE SOCIAL DISTANCING



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL ORAIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS