



American Academy
of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
Ohio Chapter

**parenting at
mealtime & playtime**
an ounce of prevention • a pound of cure

FREE Obesity Prevention Trainings Across Ohio!

The Parenting at Mealtime and Playtime (PMP) team and the Ohio Chapter, American Academy of Pediatrics are excited to bring these regional trainings to you this year! More than 200 child healthcare providers attended trainings in 2016.

The PMP program fuses nutrition and play guidance with the parent-child interaction during meals, playtime and daily structure. The trainings, being offered across the state, provide an innovative, sustainable approach to building healthy habits among birth to five year-olds. Gain resources on:

- Prevention counseling strategies
- Risk assessment skills
- Communications with families about childhood obesity and the importance of early intervention

The training will help providers enhance their obesity prevention skills, with each participant receiving a "swag bag" of resources, compliments of the Ohio AAP. We invite you to learn how to address obesity concerns and start healthy weight discussions.

Cleveland

February 22, 2017
12:00 – 3:00 pm
Independence Family Health Center
8th Floor, Room B
5001 Rockside Rd.
Independence, 44131

Southeast Ohio

March 28, 2017
9:00 am – 12:00 pm
Athens Community Center
701 E. State St., Room A
Athens, 45701

Southwest Ohio

April 4, 2017
9:00 am – 12:00 pm
Sabin Hall at Liberty Center
7539 Haskell St.
Liberty Township, 45069

Northeast Ohio

April 7, 2017
12:30 – 3:30 pm
Summit County Public Health Auditorium
1867 W. Market St.
Akron, 44313

Northwest Ohio

April 11, 2017
12:00 – 3:00 pm
St. Vincent's Hospital Auditorium
2213 Cherry St.
Toledo, 43608

Central Ohio

May 11, 2017
9:00 am – 12:00 pm
Columbus Public Health Auditorium
240 Parsons Ave.
Columbus, 43215

Who is Invited?

- WIC Program Staff
- Physicians
- Nurse Practitioners
- Pediatric and Family Practice Nurses
- School Nurses
- Registered Dietitians
- Medical Assistants
- Social Workers
- Community Health Workers
- Office Administrators
- Other Healthcare Providers

MOC Part II and continuing education credits available for eligible participants.

Register Now: OhioAAP.org/PMPRegTrain

Questions? Contact Lisa Weston at lweston@ohioaap.org or (614) 846-6258.

